Keep the NOISE Down!

Noise a Danger to Health

- Exposure to excessive noise, even at the level of a whisper can actually accelerate a patient's heart rate by four or 10 beats a minute.
- Sleep disturbance can compromise a patient's recovery process and prompt or exacerbate a number of serious health issues, including a rise in blood pressure and stress hormones or a dip in immune function and mental health.
- Patients in recent surveys often cited noise as a major factor negatively affecting their quality of care. Only 58% of patients reported quiet environments.

Lowering Noise Levels

- A quiet environment can help promote healing, and perhaps even reduce readmission rates.
- Look for equipment like the Dinex Quiet Cart that has been developed with noise reduction in mind.
- Checking vital signs and delivering medicine can be delivered at the same time to reduce noise disturbance for patients.
- Night workers can be instructed not to speak at full day volume during their shift.

Reimbursements and Patient Satisfaction

- Medicare and Medicaid now withholding 1 percent of regular reimbursements based on performance, a change that is part if the federal health care law.
- Patient experience makes up for 30 percent of the total bonus payments.

Dinex Quiet Cart with Sound Dampening Construction